# Foreword by the IWF President <br> to the 95th Anniversary of Silesian 

## Weightlifting Union

Dear Silesian Weightlifting Athletes, Officials, Fans,

To celebrate 95 years of activity in a particular sport in a country, let alone in a region, is unique and most respectable. The Silesian Weightlifting Union was founded in 1920 and undoubtedly at the time it was one of the strongholds of European and world weightlifting. Producing many great Champions in the course of the decades that have followed the founding, this Polish Union can be very proud of its contributions to the sport of weightlifting at all levels, from ground level to the highest standard.

We all remember the Olympic and world medallists Zbigniew Kaczmarek, Grzegorz Cziura, Tadeusz Dembończyk, Marek Seweryn, Andrzej Cofalik and Agata Wróbel - all of them brought glory to their Clubs as well as to their fatherland, Poland.

Your Union was, however, not only active on the weightlifting platform: you have organised major international events, including two European Championships in Katowice (1957 and 1985) the big IWF World Championships of 2013 and the Junior World Championships of 2015 in Wroclaw. All of these competitions demonstrated that your Weightlifting Community, including the capable and experienced officials, can rightly be proud of your history and successes.

On behalf of the International Weightlifting Federation, I congratulate your Union and wish further success and prosperity! I am looking forward to celebrating with you the $100^{\text {th }}$ Anniversary in just 5 years!


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