

Weightlifting Competition Schedule

*All times in Japan Standard Time (JST)



Weightlifting

Date and Time: Sat 24 July 9:50 - 12:00

Venues: Tokyo International Forum

- Women's 49 kg Group B

Date and Time: Sat 24 July 13:50 - 16:00

Venues: Tokyo International Forum

- Women's 49 kg Group A
- Women's 49 kg Victory Ceremony

Date and Time: Sun 25 July 11:50 - 14:00

Venues: Tokyo International Forum

- Men's 61 kg Group B and Men's 67 kg Group B

Date and Time: Sun 25 July 15:50 - 18:00

Venues: Tokyo International Forum

- Men's 61 kg Group A

- Men's 61 kg Victory Ceremony

Date and Time: Sun 25 July 19:50 - 22:00

Venues: Tokyo International Forum

- Men's 67 kg Group A
- Men's 67 kg Victory Ceremony

Date and Time: Mon 26 July 13:50 - 16:00

Venues: Tokyo International Forum

- Women's 55 kg Group B

Date and Time: Mon 26 July 19:50 - 22:00

Venues: Tokyo International Forum

- Women's 55 kg Group A
- Women's 55 kg Victory Ceremony

Date and Time: Tue 27 July 11:50 - 14:00

Venues: Tokyo International Forum

- Women's 59 kg Group B and Women's 64 kg Group B

Date and Time: Tue 27 July 15:50 - 18:00

Venues: Tokyo International Forum

- Women's 59 kg Group A
- Women's 59 kg Victory Ceremony

Date and Time: Tue 27 July 19:50 - 22:00

Venues: Tokyo International Forum

- Women's 64 kg Group A
- Women's 64 kg Victory Ceremony

Date and Time: Wed 28 July 13:50 - 16:00

Venues: Tokyo International Forum

- Men's 73 kg Group B

Date and Time: Wed 28 July 19:50 - 22:00

Venues: Tokyo International Forum

- Men's 73 kg Group A
- Men's 73 kg Victory Ceremony

Date and Time: Sat 31 July 11:50 - 14:00

Venues: Tokyo International Forum

- Men's 81 kg Group B and Men's 96 kg Group B

Date and Time: Sat 31 July 15:50 - 18:00

Venues: Tokyo International Forum

- Men's 81 kg Group A
- Men's 81 kg Victory Ceremony

Date and Time: Sat 31 July 19:50 - 22:00

Venues: Tokyo International Forum

- Men's 96 kg Group A
- Men's 96 kg Victory Ceremony

Date and Time: Sun 1 Aug. 13:50 - 16:00

Venues: Tokyo International Forum

- Women's 76 kg Group B

Date and Time: Sun 1 Aug. 19:50 - 22:00

Venues: Tokyo International Forum

- Women's 76 kg Group A
- Women's 76 kg Victory Ceremony

Date and Time: Mon 2 Aug. 11:50 - 14:00

Venues: Tokyo International Forum

- Women's 87 kg Group B and Women's +87 kg Group B

Date and Time: Mon 2 Aug. 15:50 - 18:00

Venues: Tokyo International Forum

- Women's 87 kg Group A
- Women's 87 kg Victory Ceremony

Date and Time: Mon 2 Aug. 19:50 - 22:00

Venues: Tokyo International Forum

- Women's +87 kg Group A
- Women's +87 kg Victory Ceremony

Date and Time: Tue 3 Aug. 13:50 - 16:00

Venues: Tokyo International Forum

- Men's 109 kg Group B

Date and Time: Tue 3 Aug. 19:50 - 22:00

Venues: Tokyo International Forum

- Men's 109 kg Group A
- Men's 109 kg Victory Ceremony

Date and Time: Wed 4 Aug. 13:50 - 16:00

Venues: Tokyo International Forum

- Men's +109 kg Group B

Date and Time: Wed 4 Aug. 19:50 - 22:00

Venues: Tokyo International Forum

- Men's +109 kg Group A
- Men's +109 kg Victory Ceremony

