



Drużynowe Mistrzostwa Polski

w podnoszeniu ciężarów

KLASYFIKACJA SINCLAIRA Z PODZIAŁEM NA GRUPY WIEKOWE I RUNDA

| Lp. | PLEC | NAZWISKO I IMIĘ | ROK UR. | Nazwa klubu | WAGA | RWANIE | | | PODRZUT | | | 2-BÓJ | pkt. dod. | PKT. Końcowe |
|---------------------------|------|---------------------|---------|--|-------|--------|-----|-----|---------|-----|-----|-------|-----------|--------------|
| | | | | | | 1 | 2 | 3 | 1 | 2 | 3 | | | |
| MŁODZICY U15 | | | | | | | | | | | | | | |
| 1 | K | ŁODZIŃSKA Amelia | 2008 | LKS Polwica Wierzbno I | 44,9 | 48 | 50 | 52 | 62 | 65 | 68 | 120 | 35 | 343,3 |
| 2 | K | SZYMAŃSKA Gabriela | 2007 | LKS Polwica Wierzbno II | 63,6 | 55 | 58 | 60 | 70 | 74 | 76 | 136 | 35 | 301,6 |
| 3 | K | KASIELSKA Wiktoria | 2008 | LKS Polwica Wierzbno II | 46,8 | 42 | 42 | 45 | 55 | 60 | 61 | 106 | 35 | 297,5 |
| 4 | K | KOZERA Katarzyna | 2006 | UMLKS Radomsko | 70,5 | 55 | 59 | 62 | 75 | 78 | 80 | 142 | 35 | 295,8 |
| 5 | K | MILEWSKA Karolina | 2006 | LKS Polwica Wierzbno I | 49,7 | 42 | 45 | 47 | 52 | 56 | 58 | 103 | 35 | 277,5 |
| 6 | K | KRZEMIŃSKA Dagmara | 2008 | LKS Polwica Wierzbno III | 53,6 | 43 | 45 | 45 | 55 | 58 | 60 | 105 | 35 | 267,7 |
| 7 | K | WINIARSKA Natalia | 2006 | LKS Polwica Wierzbno III | 59,8 | 45 | 48 | 50 | 57 | 60 | 63 | 110 | 35 | 259,8 |
| 8 | K | KMITA Kamila | 2008 | LKS "Opocznianka" Opoczno | 59,4 | 39 | 39 | 41 | 50 | 50 | 53 | 92 | 35 | 224,0 |
| 1 | M | KRUPA Adrian | 2007 | LKS "Budowlani-Całus"- Cargo Expert | 58,9 | 85 | 90 | 93 | 105 | 110 | 110 | 200 | 35 | 330,2 |
| 2 | M | GÓRALSKI Szymon | 2006 | LKS Polwica Wierzbno II | 53,7 | 63 | 66 | 69 | 90 | 95 | 98 | 164 | 35 | 294,3 |
| 3 | M | LISIAK Dawid | 2007 | LKS "Budowlani-Całus"- Cargo Expert | 67,5 | 82 | 82 | 87 | 105 | 105 | 108 | 187 | 35 | 287,0 |
| 4 | M | FRYSZTAK Maciej | 2006 | MAKS "TYTAN" OŁAWA | 75,1 | 75 | 80 | 84 | 100 | 105 | 110 | 185 | 35 | 269,1 |
| 5 | M | DĄBEK Florian | 2008 | LKS Polwica Wierzbno III | 65,2 | 70 | 74 | 76 | 83 | 87 | 91 | 167 | 35 | 265,0 |
| 6 | M | CYGANOWSKI Miłosz | 2006 | AKS Myslibórz | 52,6 | 56 | 56 | 59 | 67 | 70 | 72 | 131 | 35 | 245,5 |
| 7 | M | MAŁOTA Tymoteusz | 2006 | KPC Hejnał Kęty | 104,5 | 75 | 79 | 80 | 95 | 95 | 101 | 170 | 35 | 220,6 |
| 8 | M | SZUMSKI Krzysztof | 2007 | LKS Polwica Wierzbno III | 61,0 | 50 | 53 | 56 | 65 | 69 | 72 | 128 | 35 | 219,3 |
| 9 | M | BIADALSKI Tymoteusz | 2008 | LKS Polwica Wierzbno II | 64,4 | 47 | 50 | 53 | 60 | 64 | 67 | 117 | 35 | 197,5 |
| 10 | M | STRYKOWSKI Paweł | 2007 | Sztangiści Zielona Góra | 73,5 | 50 | 53 | 56 | 65 | 65 | 68 | 124 | 35 | 193,8 |
| 11 | M | RZEŹNIK Tomasz | 2006 | LKS "Opocznianka" Opoczno | 102,1 | 53 | 56 | 56 | 65 | 69 | 74 | 130 | 35 | 178,1 |
| 12 | M | BIDA Karol | 2006 | KS Raszyn II | 92,5 | 40 | 45 | 50 | 55 | 60 | 63 | 105 | 35 | 155,1 |
| JUNIOR MŁODSZY U17 | | | | | | | | | | | | | | |
| 1 | K | MARACH Monika | 2004 | MGLKS TARPAN Mrocza | 62,6 | 75 | 80 | 83 | 90 | 95 | 98 | 181 | 25 | 383,5 |
| 2 | K | DRZAZGA Oliwia | 2005 | UMLKS Radomsko | 47,2 | 55 | 58 | 60 | 76 | 78 | 80 | 138 | 25 | 364,4 |
| 3 | K | DOŁĘGA Martyna | 2005 | WLKS Nowe Iganie - Siedlce | 72,8 | 80 | 83 | --- | 100 | 104 | 104 | 183 | 25 | 355,0 |
| 4 | K | BUKARZ Roksana | 2004 | Transbed GKS Andaluzja Piekary Śląskie | 66,5 | 65 | 70 | 70 | 83 | 87 | 90 | 160 | 25 | 329,6 |
| 5 | K | NAJDOWSKA Dominika | 2005 | MGLKS TARPAN Mrocza | 98,3 | 70 | 73 | 76 | 88 | 91 | 94 | 170 | 25 | 290,6 |
| 6 | K | PYTEL Julia | 2004 | AKS Myslibórz | 72,9 | 61 | 64 | 66 | 77 | 80 | 80 | 144 | 25 | 284,4 |
| 7 | K | JĘDRYCH Nikola | 2004 | AKS Myslibórz | 64,3 | 54 | 56 | 58 | 65 | 68 | 70 | 126 | 25 | 270,1 |
| 8 | K | DYŃDAŁ Daria | 2004 | AKS Myslibórz | 74,4 | 55 | 57 | 59 | 63 | 65 | --- | 122 | 25 | 242,3 |
| 1 | M | JAWORSKI Michał | 2004 | CLKS Mazovia Ciechanów | 81,5 | 120 | 125 | 130 | 155 | 160 | 162 | 287 | 25 | 372,8 |
| 2 | M | ZIÓLKOWSKI Szymon | 2004 | CLKS Mazovia Ciechanów | 104,2 | 135 | 141 | 146 | 155 | 161 | 162 | 301 | 25 | 353,9 |
| 3 | M | BARAŃSKI Patryk | 2004 | LKS "PZL-LECHIA" Sędziszów Małopolski | 82,6 | 115 | 118 | 122 | 137 | 142 | 147 | 264 | 25 | 342,8 |
| 4 | M | DZIAMSKI Kacper | 2005 | LKS "Budowlani-Całus"- Cargo Expert | 80,1 | 95 | 100 | 100 | 120 | 125 | 125 | 225 | 25 | 300,1 |
| 5 | M | WÓJCIK Sergiusz | 2005 | LKS "Budowlani-Całus"- Cargo Expert | 65,1 | 82 | 86 | 88 | 97 | 102 | 106 | 190 | 25 | 287,0 |
| 6 | M | KORNAŚ Krystian | 2004 | LKS GRYF Więcbork | 78,9 | 87 | 92 | 97 | 112 | 117 | --- | 209 | 25 | 282,5 |
| 7 | M | ŻDZIEBŁO Oliwier | 2005 | LKS GRYF Więcbork | 86,8 | 85 | 90 | 95 | 110 | 115 | 115 | 200 | 25 | 260,1 |
| 8 | M | RADKA Kacper | 2004 | UMLKS Radomsko | 63,8 | 68 | 70 | 72 | 80 | 83 | 86 | 158 | 25 | 245,7 |
| 9 | M | POPLAWSKI Jakub | 2005 | LKS GRYF Więcbork | 81,2 | 67 | 72 | 76 | 85 | 90 | 90 | 166 | 25 | 226,5 |
| 10 | M | SZANDAŁA Kacper | 2004 | LKS GRYF Więcbork | 110,1 | 75 | 80 | 80 | 95 | 100 | 105 | 180 | 25 | 218,2 |
| 11 | M | KIENAST Kamil | 2004 | LKS GRYF Więcbork | 114,2 | 70 | 77 | 82 | 90 | 97 | 97 | 167 | 25 | 202,4 |
| 12 | M | KARAŚ Dawid | 2005 | KS Raszyn II | 71,0 | 50 | 53 | 53 | 65 | 70 | 72 | 122 | 25 | 184,4 |

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|-----|------|-------------------------|---------|--|-------|--------|-----|-----|---------|-----|-----|-------|-----------|--------------|
| | | | | | | 1 | 2 | 3 | 1 | 2 | 3 | | | |
| 1 | K | ŁOCHOWSKA Joanna | 1988 | KS Budowlani Opole | 55,6 | 75 | 80 | 82 | 95 | 100 | +03 | 182 | 0 | 392,3 |
| 2 | K | KRASKA Katarzyna | 1993 | KS Budowlani Opole | 58,5 | 77 | 77 | 80 | 100 | 105 | +08 | 185 | 0 | 384,2 |
| 3 | K | WIÓR Jolanta | 1995 | Transbed GKS Andalużja Piekary Śląskie | 75,6 | 88 | 91 | 94 | 110 | 115 | 118 | 212 | 0 | 374,2 |
| 4 | K | KACZMARCZYK Kinga | 1997 | MAKS "TYTAN" OŁAWA | 89,5 | 96 | 101 | +03 | 120 | 127 | +31 | 228 | 0 | 370,2 |
| 5 | K | LEŚNIEWSKA Anna | 1985 | KS Cross Trening Ciechanów | 67,4 | 74 | 77 | 80 | 93 | 97 | 100 | 180 | 0 | 339,9 |
| 6 | K | LYKHOBYSKA Aleksandra | 1992 | KPC Górnik Polkowice | 55,0 | 0 | 68 | 70 | 0 | 84 | 84 | 154 | 0 | 334,6 |
| 7 | K | PASKO Magdalena | 1991 | LKS "PZL-LECHIA" Sędziszów Małopolski | 96,1 | 85 | 90 | 97 | 110 | +15 | 115 | 205 | 0 | 323,1 |
| 8 | K | LECH Aleksandra | 1990 | FUKS Lotnik-Grochów Warszawa I | 58,6 | 60 | 63 | 66 | 80 | 87 | 91 | 150 | 0 | 311,1 |
| 9 | K | BIELAK Elżbieta | 1997 | LKS "Znicz" Biłgoraj | 55,9 | 60 | 63 | 65 | 70 | 73 | 75 | 138 | 0 | 296,2 |
| 10 | K | IGNACZAK Aleksandra | 1991 | PIONIER Szczecin | 71,6 | 68 | 71 | 74 | 85 | 89 | 91 | 162 | 0 | 294,8 |
| 11 | K | KUDŁASZYK Paulina | 1997 | LKS "Budowlani-Całus" - Cargo Expert | 45,9 | 47 | 50 | 52 | 62 | 65 | 67 | 117 | 0 | 294,7 |
| 12 | K | SADOWSKA Małgorzata | 1994 | KS Raszyn I | 66,4 | 61 | 64 | 66 | 75 | 80 | 84 | 150 | 0 | 285,9 |
| 13 | K | ZELEWSKA Paulina | 1995 | Mjollnir Weightlifting Wrocław | 64,3 | 65 | 67 | 70 | 72 | 72 | 76 | 139 | 0 | 270,5 |
| 14 | K | KNAPIK Katarzyna | 1979 | FUKS Lotnik-Grochów Warszawa II | 64,0 | 50 | 55 | 60 | 70 | 75 | 80 | 135 | 0 | 263,5 |
| 15 | K | KRZYWICKA Paulina | 1994 | KS Raszyn II | 64,2 | 50 | 53 | 56 | 70 | 70 | 76 | 126 | 0 | 245,4 |
| 16 | K | ZDANOWICZ Daria | 1992 | Mjollnir Weightlifting Wrocław | 55,0 | 45 | 48 | 50 | 55 | 60 | 65 | 105 | 0 | 228,2 |
| 17 | K | PIOTROWSKA Marta | 1993 | FUKS Lotnik-Grochów Warszawa II | 60,9 | 35 | 38 | 41 | 45 | 50 | 56 | 94 | 0 | 189,7 |
| 18 | K | DABKOWSKA Edyta | 1995 | KS Cross Trening Ciechanów | 59,2 | 30 | 33 | 35 | 43 | 45 | 48 | 78 | 0 | 160,6 |
| 19 | K | PAWŁOWSKA Nina | 1984 | KS Cross Trening Ciechanów | 63,2 | 35 | 37 | 37 | 40 | 43 | 43 | 78 | 0 | 153,6 |
| 1 | M | MICHAŁSKI Arkadiusz | 1990 | KS Budowlani Opole | 110,0 | 165 | 170 | 170 | 210 | 220 | 220 | 380 | 0 | 408,1 |
| 2 | M | KASABIJEW Arsen | 1987 | MGLKS TARPAN Mrocza | 106,9 | 155 | 160 | 165 | 190 | 200 | 210 | 375 | 0 | 406,3 |
| 3 | M | ZWARYCZ Krzysztof | 1990 | KS Budowlani Opole | 85,7 | 145 | 150 | 155 | 180 | 185 | +90 | 340 | 0 | 402,1 |
| 4 | M | SOWA Mateusz | 1996 | Explosion Impuls Club Warszawa | 82,5 | 125 | 130 | 135 | 155 | 162 | 170 | 305 | 0 | 367,4 |
| 5 | M | BIEGA Tadeusz | 1986 | MAKS "TYTAN" OŁAWA | 91,1 | 125 | 130 | 135 | 160 | 170 | +75 | 305 | 0 | 351,0 |
| 6 | M | RABCHEVSKYI Oleksandr | 1997 | Sztangiści Zielona Góra | 103,4 | 120 | 130 | 138 | 165 | 175 | +80 | 313 | 0 | 343,0 |
| 7 | M | KRASKA Adam | 1978 | LKS Polwica Wierzbno I | 122,9 | 135 | 140 | 145 | 165 | 175 | 181 | 326 | 0 | 339,8 |
| 8 | M | NOWAK Michał | 1997 | KS Raszyn I | 100,9 | 132 | 137 | +41 | 170 | +76 | +76 | 307 | 0 | 339,3 |
| 9 | M | ROSOL Tomasz | 1989 | KPC Górnik Polkowice | 66,2 | 105 | 110 | +15 | 125 | 130 | 135 | 245 | 0 | 334,2 |
| 10 | M | OLENKOWICZ Bronisław | 1988 | SKF Zjednoczeni Olsztyn | 100,9 | 135 | 140 | +45 | 150 | 160 | +70 | 300 | 0 | 331,6 |
| 11 | M | MARCZAK Michał | 1989 | Explosion Impuls Club Warszawa | 75,5 | +10 | 110 | +17 | 140 | 145 | 150 | 260 | 0 | 328,0 |
| 12 | M | LEŚNIEWSKI Rafał | 1989 | UMLKS Radomsko | 99,5 | 125 | +30 | 130 | 140 | 145 | 150 | 280 | 0 | 311,1 |
| 13 | M | OPORSKI Lukasz | 1988 | KS Raszyn I | 98,1 | 115 | 122 | 126 | 145 | 152 | +57 | 278 | 0 | 310,5 |
| 14 | M | MAŁECKI Radosław | 1978 | LKS Polwica Wierzbno I | 89,1 | 105 | 110 | 115 | 140 | 148 | 152 | 267 | 0 | 310,2 |
| 15 | M | SZYPROWSKI Bartosz | 1990 | FUKS Lotnik-Grochów Warszawa I | 113,5 | 120 | 125 | +30 | 158 | 163 | +68 | 288 | 0 | 306,4 |
| 16 | M | MUNDZIK Mateusz | 1990 | Transbed GKS Andalużja Piekary Śląskie | 93,5 | 110 | 117 | 122 | 132 | 139 | 142 | 264 | 0 | 300,5 |
| 17 | M | TREPKA Damian | 1991 | Mjollnir Weightlifting Wrocław | 120,1 | 120 | 125 | +30 | 140 | +47 | 150 | 275 | 0 | 288,2 |
| 18 | M | GUŻNICZAK Jan | 1995 | Mjollnir Weightlifting Wrocław | 94,9 | 105 | 110 | 117 | 130 | 135 | 137 | 254 | 0 | 287,4 |
| 19 | M | SZYMAŃSKI Dariusz | 1976 | Transbed GKS Andalużja Piekary Śląskie | 92,6 | 105 | 110 | +15 | 130 | 135 | --- | 245 | 0 | 280,0 |
| 20 | M | MIERZEJEWSKI Bartłomiej | 1994 | FUKS Lotnik-Grochów Warszawa I | 78,3 | 98 | +02 | +02 | 118 | 123 | 127 | 225 | 0 | 278,3 |
| 21 | M | SABARA Piotr | 1994 | PIONIER Szczecin | 106,7 | 108 | 112 | 118 | 135 | 138 | +43 | 256 | 0 | 277,6 |
| 22 | M | ZMORZYŃSKI Patryk | 1993 | SKF Zjednoczeni Olsztyn | 100,7 | 107 | 112 | 116 | 130 | 135 | +39 | 251 | 0 | 277,6 |
| 23 | M | SUSEL Damian | 1994 | LKS Polwica Wierzbno II | 85,7 | 100 | 105 | +08 | 125 | +30 | +30 | 230 | 0 | 272,0 |
| 24 | M | ŁOCHOWSKI Jędrzej | 1991 | Sztangiści Zielona Góra | 90,8 | 95 | 100 | 103 | 125 | 130 | 133 | 236 | 0 | 272,0 |
| 25 | M | DULAK Patryk | 1993 | LKS "PZL-LECHIA" Sędziszów Małopolski | 87,6 | 90 | 95 | 97 | 130 | 135 | +40 | 230 | 0 | 269,3 |
| 26 | M | SZETYŃSKI Marcin | 1990 | KPC Hejnał Kęty | 84,5 | 90 | 96 | +02 | +20 | 120 | 130 | 226 | 0 | 269,1 |
| 27 | M | DUNIN Michał | 1987 | KS Raszyn I | 82,2 | 96 | +01 | 102 | +15 | 116 | 121 | 223 | 0 | 269,1 |
| 28 | M | ZIMOCH Mateusz | 1993 | FUKS Lotnik-Grochów Warszawa I | 90,6 | 100 | +05 | +05 | 127 | 131 | +35 | 231 | 0 | 266,5 |
| 29 | M | DUNIN Tadeusz | 1993 | KS Raszyn I | 102,4 | 95 | 102 | +10 | 125 | 132 | +40 | 234 | 0 | 257,3 |
| 30 | M | STASICZAK Jakub | 1997 | FUKS Lotnik-Grochów Warszawa II | 80,7 | 80 | 90 | +00 | 110 | 115 | 120 | 210 | 0 | 255,8 |
| 31 | M | KORCZAK Michał | 1993 | LKS "PZL-LECHIA" Sędziszów Małopolski | 92,2 | 100 | +05 | +07 | 115 | 120 | +25 | 220 | 0 | 251,9 |
| 32 | M | MAJEWSKI Bartosz | 1993 | FUKS Lotnik-Grochów Warszawa II | 97,6 | 90 | 95 | 100 | +10 | 110 | 117 | 217 | 0 | 242,8 |
| 33 | M | WOJTKOWSKI Jan | 1986 | KS Raszyn II | 95,1 | 85 | 90 | 95 | 110 | +20 | 121 | 206 | 0 | 232,9 |
| 34 | M | WIŚNIEWSKI Patryk | 1990 | PIONIER Szczecin | 88,0 | 80 | 85 | 85 | 110 | +18 | +22 | 195 | 0 | 227,8 |
| 35 | M | SOKOŁOWSKI Jakub | 1989 | KS Raszyn II | 85,8 | 80 | 85 | 90 | 100 | 105 | +15 | 190 | 0 | 224,6 |
| 36 | M | JARMÓŁKOWICZ Oskar | 1995 | LKS GRYF Węcbork | 97,5 | 75 | 80 | 80 | 105 | +10 | --- | 180 | 0 | 201,5 |
| 37 | M | WIŚNIEWSKI Mateusz | 1990 | PIONIER Szczecin | 111,3 | 80 | 85 | 90 | 100 | +10 | +10 | 185 | 0 | 198,0 |
| 38 | M | ZAWADKA Ariel | 1991 | KS Cross Trening Ciechanów | 62,8 | 55 | 58 | 60 | 65 | 65 | 70 | 130 | 0 | 183,5 |
| 39 | M | WSZEBOROWSKI Marcin | 1976 | KS Cross Trening Ciechanów | 75,0 | 55 | 60 | 65 | 80 | 84 | 87 | 144 | 0 | 182,3 |
| 40 | M | ZALEWSKI Adam | 1969 | KS Cross Trening Ciechanów | 82,7 | 60 | 65 | 67 | 85 | 90 | 95 | 150 | 0 | 180,5 |
| 41 | M | BĄCZEK Cezary | 1997 | UMLKS Radomsko | 73,7 | 110 | 114 | 116 | +32 | --- | --- | 116 | 0 | 148,3 |