

MISTRZOSTWA KRAJOWEGO ZRZESZENIA LZS



w podnoszeniu ciężarów
ZAMOŚĆ - 2020-08-23 10:30



Ministerstwo
Sportu

Dziewczęta do 15 lat

| L.p. | Nazwisko i Imię | Kat. | Waga | Klub | Ur. | RWANIE | | | | PODRZUT | | | | Dwubój | Sinclair | |
|----------------------|------------------------|-------|--------|-----------------------------|-------|--------|------|------|-----|---------|------|------|-----|--------|----------|------|
| | | | | | | 1 | 2 | 3 | max | 1 | 2 | 3 | max | | pkt | m-ce |
| 12 | DOŁĘGA Martyna | kF71 | 69,80 | WLKS Nowe Iganie | 38353 | 75 | 78 | (80) | 78 | 90 | (96) | (96) | 90 | 168 | 207,64 | 1 |
| 193 | NAJDOWSKA Weronika | kF55 | 54,90 | Tarpan Mrocza | 38718 | 55 | 60 | 63 | 63 | 70 | 74 | 77 | 77 | 140 | 200,75 | 2 |
| 136 | DRZAZGA Oliwia | kF45 | 44,60 | UMLKS Radomsko | 38353 | 46 | 49 | - | 49 | 66 | 70 | (73) | 70 | 119 | 200,29 | 3 |
| 56 | ŚLIPEK Zuzanna | kF59 | 57,60 | Zamek Golańcz | 38353 | 60 | 64 | 66 | 66 | 73 | (78) | (78) | 73 | 139 | 192,88 | 4 |
| 26 | NAREWSKA Martyna | yF>81 | 102,80 | UOLKA Ostrów Mazowiecka | 37622 | 75 | 80 | 82 | 82 | 90 | 94 | (96) | 94 | 176 | 185,95 | 5 |
| 128 | PONIATOWSKA Nina | kF49 | 48,80 | Mazovia Ciechanów | 38353 | 48 | 51 | 53 | 53 | 60 | 65 | (67) | 65 | 118 | 184,63 | 6 |
| 41 | GROCHOWSKA Wiktoria | yF>81 | 81,00 | Mazovia Ciechanów | 37987 | 65 | 69 | (72) | 69 | 80 | 85 | 88 | 88 | 157 | 180,50 | 7 |
| 243 | NAJDOWSKA Dominika | kF>76 | 91,20 | Tarpan Mrocza | 38353 | 68 | 71 | 74 | 74 | 85 | (90) | 90 | 90 | 164 | 179,91 | 8 |
| 145 | MŁOTKOWSKA Daria | kF55 | 54,60 | Mazovia Ciechanów | 38720 | 50 | 53 | 56 | 56 | 62 | 66 | 68 | 68 | 124 | 178,49 | 9 |
| 139 | BERLIŃSKA Zofia | kF45 | 40,70 | Mazovia Ciechanów | 38353 | (41) | 41 | 44 | 44 | 50 | (53) | 53 | 53 | 97 | 176,84 | 10 |
| 8 | SZCZYGIEL Katarzyna | kF55 | 54,60 | Nowosądeczanin Powroźnik | 38353 | (47) | 47 | 50 | 50 | 60 | 64 | 67 | 67 | 117 | 168,42 | 11 |
| 50 | GÓRNA Patrycja | kF59 | 58,50 | Budowlani Nowy Tomyśl | 38353 | 48 | 51 | 53 | 53 | 63 | 66 | 68 | 68 | 121 | 166,19 | 12 |
| 53 | KIĘLCEWSKA Martyna | kF76 | 73,70 | Znicz Biłgoraj | 38353 | (60) | (60) | 61 | 61 | 72 | (75) | 76 | 76 | 137 | 164,62 | 13 |
| 71 | KOZERA Katarzyna | kF76 | 73,00 | UMLKS Radomsko | 38718 | (58) | 58 | (61) | 58 | 72 | 76 | (80) | 76 | 134 | 161,79 | 14 |
| 34 | DUDA Julia | kF>76 | 92,10 | UOLKA Ostrów Mazowiecka | 38353 | 60 | 63 | 66 | 66 | 75 | 77 | 80 | 80 | 146 | 159,61 | 15 |
| 173 | MICHALSKA Paulina | kF64 | 61,20 | Budowlani Nowy Tomyśl | 38353 | 50 | (53) | 53 | 53 | 63 | 66 | (68) | 66 | 119 | 158,77 | 16 |
| 150 | WINIARSKA Natalia | kF55 | 53,20 | Polwica Wierzbno | 38718 | (42) | 42 | 45 | 45 | 52 | 55 | (57) | 55 | 100 | 146,64 | 17 |
| 223 | STYCZYŃSKA Oliwia | kF76 | 73,00 | Promień Police | 39083 | 50 | 53 | (55) | 53 | 63 | 68 | (70) | 68 | 121 | 146,10 | 18 |
| 138 | MŁYNARCZYK Andżelika | kF49 | 47,80 | Orleża Łuków | 39083 | 37 | (40) | 40 | 40 | 46 | 49 | 51 | 51 | 91 | 144,72 | 19 |
| 87 | PAKUŁA Aleksandra | kF76 | 73,20 | Budowlani Nowy Tomyśl | 38353 | 52 | (55) | 55 | 55 | 62 | 65 | (67) | 65 | 120 | 144,69 | 20 |
| 49 | SZYMAŃSKA Gabriela | kF59 | 56,20 | Polwica Wierzbno | 39083 | 40 | (44) | 44 | 44 | 50 | 55 | 58 | 58 | 102 | 143,91 | 21 |
| 232 | ROSOLSKA Martyna | kF71 | 69,50 | Budowlani Nowy Tomyśl | 38353 | 50 | 53 | (55) | 53 | 60 | 63 | (65) | 63 | 116 | 143,71 | 22 |
| 229 | MILEWSKA Karolina | kF49 | 48,40 | Polwica Wierzbno | 38718 | (38) | 38 | 41 | 41 | 43 | 46 | 50 | 50 | 91 | 143,30 | 23 |
| 84 | LINKIEWICZ Julia | kF64 | 61,20 | Olimpijczyk Łuków | 38718 | 47 | 49 | (51) | 49 | 56 | (59) | (59) | 56 | 105 | 140,09 | 24 |
| 141 | NOWAK Natalia | kF55 | 55,00 | Lechia Sędziszów Małopolski | 38719 | 38 | 42 | (44) | 42 | 50 | (55) | 55 | 55 | 97 | 138,92 | 25 |
| 111 | KUCZMASZEWSKA Ewa | yF>81 | 90,30 | Agros Zamość | 37622 | 45 | 49 | 52 | 52 | 65 | 70 | 73 | 73 | 125 | 137,62 | 26 |
| 2 | PRZYBYŁ Oliwia | kF49 | 48,90 | Budowlani Nowy Tomyśl | 38353 | 38 | 40 | (42) | 40 | 45 | 48 | (52) | 48 | 88 | 137,47 | 27 |
| 115 | GRUSZKIEWICZ Daria | kF71 | 69,80 | Budowlani Nowy Tomyśl | 38353 | 47 | 50 | (53) | 50 | 56 | (60) | 60 | 60 | 110 | 135,96 | 28 |
| 181 | NOWAK Oliwia | kF64 | 63,90 | Budowlani Nowy Tomyśl | 39085 | 48 | (50) | 50 | 50 | (54) | 54 | (56) | 54 | 104 | 135,14 | 29 |
| 101 | KRYSZAK Wiktoria | kF64 | 59,40 | Chrobry Gniezno | 38353 | 40 | 44 | (46) | 44 | 50 | 55 | (61) | 55 | 99 | 134,62 | 30 |
| 176 | STRYSZAK Joanna | kF49 | 49,00 | Budowlani Nowy Tomyśl | 38720 | (40) | 40 | (43) | 40 | 42 | 45 | (48) | 45 | 85 | 132,57 | 31 |
| 191 | SZMYT Adela | kF64 | 63,90 | Budowlani Nowy Tomyśl | 38720 | 47 | (50) | (50) | 47 | 55 | (58) | (58) | 55 | 102 | 132,54 | 32 |
| 155 | STRÓŻYK Julia | kF>76 | 76,40 | Promień Opalenica | 38353 | 44 | 47 | (50) | 47 | 60 | 63 | 65 | 65 | 112 | 132,24 | 33 |
| 137 | WŁODARCZYK Róża | kF45 | 33,80 | Zamek Golańcz | 39085 | 23 | (25) | 25 | 25 | 28 | 31 | 33 | 33 | 58 | 126,55 | 34 |
| 217 | DZIEWICZKIEWICZ Oliwia | kF71 | 70,70 | Unia Hrubieszów | 38720 | 40 | 43 | (45) | 43 | 53 | 56 | 60 | 60 | 103 | 126,44 | 35 |
| 188 | WAR SZ Natalia | kF55 | 52,20 | GULKS Niemce | 38353 | 32 | 35 | 37 | 37 | 45 | 48 | (50) | 48 | 85 | 126,38 | 36 |
| 224 | GODLEWSKA Aleksandra | kF>76 | 106,10 | Klimat Łapy | 38718 | 50 | 52 | 55 | 55 | 60 | 62 | 65 | 65 | 120 | 125,73 | 37 |
| 228 | WOŹNIAK Marcelina | kF45 | 43,30 | Zamek Golańcz | 39085 | 25 | 28 | 31 | 31 | 35 | 39 | 41 | 41 | 72 | 124,28 | 38 |
| 198 | PONIATOWSKA Maja | kF76 | 75,90 | Mazovia Ciechanów | 38353 | 37 | 40 | 42 | 42 | 55 | 58 | 62 | 62 | 104 | 123,18 | 39 |
| 190 | JASTRZĘBSKA Oliwia | kF71 | 69,90 | UOLKA Ostrów Mazowiecka | 38353 | 40 | (43) | 43 | 43 | 53 | 56 | (61) | 56 | 99 | 122,27 | 40 |
| 192 | PALUBSKA Nikola | kF49 | 49,00 | Znicz Biłgoraj | 38720 | 30 | 34 | 36 | 36 | (38) | 38 | (43) | 38 | 74 | 115,41 | 41 |
| 44 | MOLEND A Zuzanna | kF45 | 43,40 | Budowlani Nowy Tomyśl | 39085 | 25 | 28 | 30 | 30 | 28 | 31 | 34 | 34 | 64 | 110,25 | 42 |
| 130 | MARKIEWICZ Oliwia | kF45 | 42,70 | Orleża Łuków | 38718 | 24 | 26 | (27) | 26 | 34 | (37) | 37 | 37 | 63 | 110,07 | 43 |
| 225 | PALONKA Julia | kF71 | 69,80 | Agros Zamość | 38353 | 35 | (38) | 38 | 38 | 45 | 50 | (53) | 50 | 88 | 108,77 | 44 |
| 132 | KUPŚ Gabriela | kF59 | 58,30 | Budowlani Nowy Tomyśl | 38353 | (32) | 32 | 34 | 34 | 44 | (47) | (47) | 44 | 78 | 107,37 | 45 |
| 186 | CAP Wiktoria | kF49 | 46,50 | Znicz Biłgoraj | 39083 | 23 | 26 | 28 | 28 | 30 | 35 | 38 | 38 | 66 | 107,32 | 46 |
| 212 | KUPŚ Karolina | kF55 | 52,40 | Budowlani Nowy Tomyśl | 38720 | 30 | (33) | (33) | 30 | 38 | 40 | (42) | 40 | 70 | 103,78 | 47 |
| 189 | RESZELSKA Martyna | yF>81 | 114,40 | Promień Opalenica | 37987 | 38 | (42) | 42 | 42 | 48 | (53) | 53 | 53 | 95 | 97,86 | 48 |
| 208 | ŚWIERKOCKA Marcelina | kF64 | 63,10 | Mazovia Ciechanów | 39083 | (27) | (29) | 29 | 29 | 35 | 42 | 44 | 44 | 73 | 95,58 | 49 |
| 104 | WAR SZ Klaudia | kF55 | 52,60 | GULKS Niemce | 39083 | 23 | 25 | 27 | 27 | 32 | 34 | 36 | 36 | 63 | 93,15 | 50 |
| 23 | KAMIŃSKA Gabriela | kF45 | 39,80 | Mazovia Ciechanów | 38720 | 17 | 20 | 22 | 22 | 22 | 24 | 26 | 26 | 48 | 89,31 | 51 |
| 48 | CAP Emilia | kF64 | 62,70 | Znicz Biłgoraj | 38353 | 30 | (34) | (35) | 30 | 37 | (40) | (42) | 37 | 67 | 88,07 | 52 |
| 180 | GNIOT Wiktoria | kF>76 | 88,60 | Zamek Golańcz | 38720 | 30 | 33 | (36) | 33 | 40 | 43 | 45 | 45 | 78 | 86,48 | 53 |
| 222 | JANOWSKA Nadia | kF64 | 61,70 | Budowlani Nowy Tomyśl | 39085 | (28) | (28) | 28 | 28 | 30 | (35) | 35 | 35 | 63 | 83,63 | 54 |
| 31 | KALINOWSKA Nicola | kF>76 | 78,50 | Budowlani Nowy Tomyśl | 38353 | 25 | 28 | 31 | 31 | (40) | 40 | (43) | 40 | 71 | 82,78 | 55 |
| 95 | BOGUSZ Kinga | kF45 | 42,80 | GCK Kobylany | 38353 | (17) | 17 | 20 | 20 | (23) | 23 | (28) | 23 | 43 | 74,97 | 56 |
| 98 | PURZYCKA Natalia | kF49 | 48,80 | Mazovia Ciechanów | 38353 | 17 | 19 | (21) | 19 | 25 | 28 | (30) | 28 | 47 | 73,54 | 57 |
| 108 | DĄBROWSKA Dominika | kF45 | 44,60 | LUKS Chelm | 38718 | 16 | (20) | (20) | 16 | 22 | (25) | (25) | 22 | 38 | 63,96 | 58 |
| 123 | ŚWIDERSKA Milena | kF59 | 58,60 | Budowlani Nowy Tomyśl | 38720 | (40) | (40) | (40) | - | - | - | - | - | - | 0,00 | |
| 5 | MACIOSZEK Weronika | kF64 | 61,60 | Budowlani Nowy Tomyśl | 38720 | 40 | 43 | (45) | 43 | (48) | (48) | (48) | - | - | 0,00 | |
| 103 | JASIŃSKA Andżelika | kF71 | 66,40 | Budowlani Nowy Tomyśl | 38720 | 27 | 30 | (34) | 30 | - | - | - | - | - | 0,00 | |
| Dziewczęta do 17 lat | | | | | | | | | | | | | | | | |

| L.p. | Nazwisko i imię | Kat. | Waga | Klub | Ur. | RWANIE | | | | PODRZUT | | | | Dwubój | Sinclair | |
|------|------------------------|------|-------|--------------------------|-------|--------|------|------|-----|---------|------|------|-----|--------|----------|------|
| | | | | | | 1 | 2 | 3 | max | 1 | 2 | 3 | max | | pkt | m-ce |
| 143 | MARACH Monika | yF64 | 63,40 | Tarpan Mrocza | 37987 | 80 | 83 | 86 | 86 | 93 | 96 | 100 | 100 | 186 | 242,84 | 1 |
| 68 | MYJAK Małgorzata | yF55 | 54,60 | Nowosądeczanin Powroźnik | 37987 | (75) | 75 | (78) | 75 | (87) | 87 | 90 | 90 | 165 | 237,51 | 2 |
| 99 | POLKA Zuzanna | yF55 | 54,30 | Promień Opalenica | 37622 | 68 | 71 | (73) | 71 | (85) | 85 | (88) | 85 | 156 | 225,43 | 3 |
| 69 | KACZOROWSKA Julia | yF76 | 72,70 | UOLKA Ostrów Mazowiecka | 37622 | (70) | 70 | 74 | 74 | (80) | 80 | 85 | 85 | 159 | 192,38 | 4 |
| 14 | GÓRNIAK Natalia | yF55 | 54,90 | Unia Hrubieszów | 37622 | 53 | 57 | 60 | 60 | 65 | 70 | 73 | 73 | 133 | 190,71 | 5 |
| 117 | PIKULSKA Julia | yF64 | 59,60 | Polwica Wierzbno | 37622 | 56 | 58 | 60 | 60 | 64 | 67 | 70 | 70 | 130 | 176,39 | 6 |
| 42 | PAWŁOS Milena | yF59 | 57,00 | LKS Dobryzycze | 37622 | 56 | (59) | (60) | 56 | 66 | 68 | (70) | 68 | 124 | 173,28 | 7 |
| 122 | PYTEL Julia | yF71 | 69,20 | AKS Myślibórz | 37987 | (60) | 60 | 63 | 63 | 71 | 74 | (76) | 74 | 137 | 170,12 | 8 |
| 89 | KRAWIEC Karolina | yF59 | 55,70 | UOLKA Ostrów Mazowiecka | 37622 | 48 | 51 | 53 | 53 | 63 | 65 | (72) | 65 | 118 | 167,51 | 9 |
| 20 | BERLIŃSKA Zuzanna | yF64 | 60,00 | Mazovia Ciechanów | 37622 | (53) | (53) | 53 | 53 | 63 | 67 | 70 | 70 | 123 | 166,18 | 10 |
| 73 | MROZIK Natalia | yF64 | 59,50 | Znicz Biłgoraj | 37987 | 53 | 55 | (57) | 55 | 66 | (70) | (73) | 66 | 121 | 164,36 | 11 |
| 13 | MUSIAŁ Patrycja | yF76 | 72,50 | Tarpan Mrocza | 37622 | 53 | 56 | 60 | 60 | 70 | (73) | 74 | 74 | 134 | 162,36 | 12 |
| 67 | DYNDAL Daria | yF76 | 71,30 | AKS Myślibórz | 37987 | 55 | (58) | 58 | 58 | 70 | 74 | (77) | 74 | 132 | 161,32 | 13 |
| 238 | TOMKALSKA Oliwia | yF49 | 48,50 | Copal Trzcianka | 37622 | 40 | 42 | 44 | 44 | 50 | 53 | 55 | 55 | 99 | 155,65 | 14 |
| 76 | PROTOKOWICZ Zuzanna | yF81 | 77,30 | Polwica Wierzbno | 37622 | 53 | 56 | 58 | 58 | 66 | 70 | 74 | 74 | 132 | 155,00 | 15 |
| 167 | MOŃ Ewa | yF55 | 53,60 | AKS Myślibórz | 37622 | 45 | (48) | 48 | 48 | (58) | 58 | (62) | 58 | 106 | 154,60 | 16 |
| 66 | PRZYBYLSKA Wiktoria | yF49 | 48,70 | Promień Opalenica | 37622 | (40) | 40 | 43 | 43 | 51 | 54 | (57) | 54 | 97 | 152,01 | 17 |
| 226 | SABAT Wiktoria | yF59 | 58,00 | AKS Koszalin | 37987 | 48 | (52) | (52) | 48 | 55 | 60 | (62) | 60 | 108 | 149,17 | 18 |
| 64 | KOMOROWSKA Olga | yF81 | 80,20 | WLKS Nowe Iganie | 37987 | 50 | 54 | (57) | 54 | 67 | 71 | (79) | 71 | 125 | 144,34 | 19 |
| 140 | ZALEWSKA Nikola | yF64 | 63,20 | AKS Myślibórz | 37987 | 45 | 48 | (50) | 48 | 60 | (63) | (63) | 60 | 108 | 141,27 | 20 |
| 201 | STĘPIEN Martyna | yF64 | 60,00 | LUKS Kurzętnik | 37622 | (48) | (48) | 48 | 48 | (55) | 55 | (61) | 55 | 103 | 139,16 | 21 |
| 81 | GRZEGORZEWSKA Weronika | yF55 | 54,10 | Polwica Wierzbno | 37622 | 38 | 41 | 43 | 43 | 48 | 52 | (57) | 52 | 95 | 137,64 | 22 |
| 70 | ZAWARTA Alicja | yF55 | 52,50 | Budowlani Nowy Tomyśl | 37989 | 37 | (40) | 40 | 40 | (50) | 50 | (53) | 50 | 90 | 133,25 | 23 |
| 3 | ZIELEWICZ Olga | yF55 | 49,80 | Promień Opalenica | 37622 | 32 | 34 | 36 | 36 | 43 | 46 | 48 | 48 | 84 | 129,38 | 24 |
| 102 | KĄZMIERCZAK Zofia | yF55 | 54,90 | Budowlani Nowy Tomyśl | 37624 | 38 | 41 | (43) | 41 | 47 | (50) | (50) | 47 | 88 | 126,19 | 25 |
| 16 | SOPYŁA Aleksandra | yF55 | 53,50 | WLKS Nowe Iganie | 37987 | 35 | 38 | (41) | 38 | (48) | 48 | (50) | 48 | 86 | 125,60 | 26 |
| 27 | STEFAŃSKA Oliwia | yF59 | 57,50 | Budowlani Nowy Tomyśl | 37989 | 33 | (36) | 36 | 36 | (47) | 47 | 50 | 50 | 86 | 119,47 | 27 |
| 157 | DWORZYŃSKA Małgorzata | yF71 | 64,10 | Gryf Bujny | 37987 | 37 | 39 | 41 | 41 | (47) | 47 | (50) | 47 | 88 | 114,14 | 28 |
| 165 | SEREDIUK Julia | yF49 | 47,00 | Agros Zamość | 37987 | 28 | (31) | (31) | 28 | 35 | 38 | (41) | 38 | 66 | 106,39 | 29 |
| 246 | DROZDA Kamila | yF55 | 54,10 | Agros Zamość | 37622 | 25 | 27 | 29 | 29 | 30 | 34 | 36 | 36 | 65 | 94,18 | 30 |
| 135 | ŁASZEK Kinga | yF71 | 64,40 | Gryf Bujny | 37622 | 27 | (30) | (30) | 27 | 33 | 35 | (37) | 35 | 62 | 80,19 | 31 |
| 205 | DROZDA Emilia | yF49 | 46,80 | Agros Zamość | 37987 | 15 | 17 | 19 | 19 | 23 | 26 | 28 | 28 | 47 | 76,02 | 32 |
| 79 | DROZDA Paulina | yF71 | 65,60 | Agros Zamość | 37622 | 21 | 23 | 25 | 25 | 30 | 33 | (36) | 33 | 58 | 74,21 | 33 |
| 197 | POLKA Maria | yF59 | 57,10 | Promień Opalenica | 37622 | (73) | (74) | (74) | - | 83 | 86 | 90 | 90 | - | 0,00 | 34 |