

<b>Thursday 4<sup>th</sup> April</b>	<b>EWF Committees Meeting and Executive Board Meeting</b>			
14.00 - 17.00	Technical, Medical, Coaching, Research & Scientific Committee Meetings			
18.30 - 21.30	EWF Executive Board Meeting			
<b>Friday 5<sup>th</sup> April</b>	<b>Congress</b>			
09.00 - 10.00	<b>Final Entries Verification and Team Manager's Meeting</b>			
10.00 - 10.30	<b>Congress Registration</b>			
10:30 - 13.00	<b>EWF Congress</b>			
15:30 - 16:30	Technical Officials Briefing in Competition Hall			
16.30 - 17.30	Television Rehearsal & Full Competition Systems Test including			
<b>'In detail'</b>				
16.30 - 17.00	Simulated competition with 5 x local lifters + Technical Officials)			
17.00 - 17.30	Athletes Presentation, Medal Ceremony & Flag Raising Rehearsals			
<b>Saturday 6<sup>th</sup> April</b>	<b>1<sup>st</sup> Competition Day</b>			
10.00 – 12:00	Women's 45 & 49kg	'B' Group	10' interval (10)	
12.00 - 13.15	Men's 55 kg	'B' Group	10' interval (04)	
<b>13.45 – 14.15</b>	<b>Official Opening of the 2019 European Weightlifting Championships</b>			
15:00-17:00	Televised Women's 45kg	'A' Group	Final 10' interval (10)	
18.00 - 19.50	Televised Men's 55kg	'A' Group	Final 10' interval (08)	
20.30 - 22.30	Televised Women's 49kg	'A' Group	Final 10' interval (10)	<b>Olympic</b>
<b>Sunday 7<sup>th</sup> April</b>	<b>2<sup>nd</sup> Competition Day</b>			
10.00 – 12.30	Women's 55kg	'C' Group	10' interval (12)	
12.45 - 14.45	Women's 55kg	'B' Group	10' interval (10)	
15.00-17.00	Men's 61kg	'B' Group	10' interval (08)	
18.00 - 19.50	Televised Women's 55kg	'A' Group	Final 10' interval (09)	<b>Olympic</b>
20.30 - 22.30	Televised Men's 61kg	'A' Group	Final 10' interval (09)	<b>Olympic</b>
<b>Monday 8<sup>th</sup> April</b>	<b>3<sup>rd</sup> Competition Day</b>			
10.00-12.00	Women's 59kg	'C' Group	10' interval (10)	
12.30-14.30	Women's 59kg	'B' Group	10' interval (10)	
15.00-17.00	Men's 67kg	'B' Group	10' interval (08)	
18.00 - 19.50	Televised Women's 59kg	'A' Group	Final 10' interval (10)	<b>Olympic</b>
20.30 - 22.30	Televised Men's 67kg	'A' Group	Final 10' interval (09)	<b>Olympic</b>
22.30 - 23.30	Women's 64kg	'D' Group	10' interval (06)	
<b>Tuesday 9<sup>th</sup> April</b>	<b>4<sup>th</sup> Competition Day</b>			
09.30 – 11.30	Women's 64kg	'C' Group	10' interval (10)	
11.30 – 13.30	Women's 64kg	'B' Group	10' interval (10)	
13.45-14.45	Men's 73kg	'C' Group	10' interval (05)	
15.00-17.00	Men's 73kg	'B' Group	10' interval (10)	
18.00 - 19.50	Televised Women's 64kg	'A' Group	Final 10' interval (09)	<b>Olympic</b>
20.30 - 22.30	Televised Men's 73kg	'A' Group	Final 10' interval (10)	<b>Olympic</b>
22.30-24.00	Women 71kg	'C' Group	10' interval (10)	

<b>Wednesday 10<sup>th</sup> April</b>	<b>5<sup>th</sup> Competition Day</b>			
10.00 - 12.00	Women's 71kg	'B' Group	10' Interval (10)	
12.15 - 14.45	Men's 81kg	'C' Group	10' interval (12)	
14.45 - 17.00	Men's 81kg	'B' Group	10' interval (12)	
<b>18.00 - 19.50</b>	<b>Televised Women's 71kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (10)</b>	
<b>20.30 - 22.30</b>	<b>Televised Men's 81kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (10)</b>	<b>Olympic</b>
22.30 -24.00	Men 89kg	'C' Group	10' interval (07)	
<b>Thursday 11<sup>th</sup> April</b>	<b>6<sup>th</sup> Competition Day</b>			
09.30 - 11.30	Men's 89kg	'B' Group	10' interval (12)	
11.30 - 13.00	Men's 96kg	'C' Group	10' interval (08)	
13.00 - 14.30	Women's 96kg	'B' Group	10' interval (08)	
14.30 - 17.00	Women's 76kg	'B' Group	10' interval (13)	
<b>18.00 - 19.50</b>	<b>Televised Men's 89kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (09)</b>	
<b>20.30 - 22.30</b>	<b>Televised Women's 76kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (10)</b>	<b>Olympic</b>
22.30 - 24.00	Men 102kg	'B' Group	10' interval (10)	
<b>Friday 12<sup>th</sup> April</b>	<b>7<sup>th</sup> Competition Day</b>			
08.00 - 10.00	Men's 109kg	'C' Group	10' interval (08)	
10.00 - 11.30	Men's 109kg	'B' Group	10' interval (09)	
11.30 - 13.45	Men's +109kg	'B' Group	10' interval (12)	
13.45 - 15.15	Women's 87kg	'B' Group	10' interval (06)	
<b>16.00 -17.15</b>	<b>Women's 81kg</b>	<b>'A' Group</b>	<b>15' Interval (02/06**)</b>	
<b>18.00 - 19.45</b>	<b>Televised Women's 87kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (07)</b>	<b>Olympic</b>
<b>20.30 - 22.30</b>	<b>Televised Men's 96kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (12)</b>	<b>Olympic</b>
22.30 - 23.30	Women +87kg	'B' Group	10' interval (04)	
<b>Saturday 13<sup>th</sup> April</b>	<b>8<sup>th</sup> Competition Day</b>			
<b>09.00 - 11.00</b>	<b>Men's 102kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (08)</b>	
<b>12.00 - 14.00</b>	<b>Televised Men's 109kg</b>	<b>'A' Group</b>	<b>Final 10' interval (09)</b>	<b>Olympic</b>
<b>15.00 - 16.45</b>	<b>Televised Women's +87kg</b>	<b>'A' Group</b>	<b>Final 10' Interval (07)</b>	<b>Olympic</b>
<b>17.30 - 19.30</b>	<b>Televised Men's +109kg</b>	<b>'A' Group</b>	<b>Final 10' interval (09)</b>	<b>Olympic</b>

**Please Note:**

**Olympic: Olympic category**

\*All times listed above are subject to alteration and the agreement of the Organising Committee, the Host Broadcaster, the EWF and the European Broadcasting Union (EBU) in respect of any changes.

\*The above schedule is subject to change and updating after **final verification meeting on 5<sup>th</sup> April 2019**.

\*\* Women 81kg Group A, this category has received only two entries and at this time will not be televised.

**17 February 2019**